## RESTORATIVE SLEEP' • IMPROVE MEMORY' • IMPROVE MOOD' • BRAIN & NERVE SUPPORT'

Suggested Use: Take 1-2 capsules to relax and unwind or take 3 capsules 30-60 minutes before bed for deeper, more restorative sleep. WARNING: This product is only intended for healthy adults. Not to be used with MAO inhibitor drugs, SSRIs, or any other psychiatric medication. If you are pregnant, may become pregnant, are breastfeeding, or have a medical condition (including psychiatric or neurological disorders, high blood pressure, cancer, or people on immunosuppressive therapy), consult your health care professional before using this product. Not to be used by children under 18.

DOES NOT CONTAIN: soy, wheat, lactose, egg, starch, yeast, GMOs, preservatives or artificial color, flavor or fragrance, GLUTEN FREE.

Storage: KEEP OUT OF REACH OF CHILDREN. Store in a cool. dry, dark place. Do not freeze or expose to moisture or heat above room temperatures. Do not use if safety seal is broken or damaged.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.











AWAKENED AICHEMY

## MIND:RESTORE

NIGHTLY NOOTROPIC

RESTORE\* • REPAIR\* • REPLENISH\*

DIFTARY SUPPLEMENT . 90 VEGETARIAN CAPSILIES

## Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 30

Amount per Serving	% Daily Value	
Vitamin B6 (as Pyridoxal 5-Phosphate)	5 mg	294%
Pantothenic Acid (as D-Calcium Pantothenate)	30 mg	600%
Magnesium (from Magnesium L-Threonate - Magtein®)	72 mg	17%
Zinc (as Zinc Picolinate)	15 mg	136%
Magtein® (Magnesium L-Threonate)	900 mg	**
Lion's Mane Mushroom Extract (30% Beta-glucans)	500 mg	**
CDP-Choline (Citicoline)	200 mg	**
Bacognize® (Bacopa monnieri) extract (whole herb) (12% Bacopa glycosides)	150 mg	**
L-Theanine	100 mg	**
5-Hydroxytryptophan (5-HTP) (from Griffonia simplicifolia Seed)	75 mg	**

\*\* Daily Value not established

Other Ingredients: Cellulose (Capsule), Silicon Dioxide, Nu-Flow® Organic Rice Bran Extract Manufactured For: Awakened Alchemy, LLC, Brooklyn, NY 11249 www.Awakened-Alchemy.com